Improving Social Behavior Using Pairing, Video Modeling, and Tactile Prompting

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## Overview

- 1. Review recent research on social skills and autism
- 2. Conditioning praise as a reinforcer
- 3. Teaching responses to facial expressions
- 4. Recommendations for research and practice



	DSM-5
Table 2 Sev	erity levels for autism spectrum disorder
Severity level	Social communication
very	Severe deficits in verbal and nonverbal social communication skills cause severe impairments in functioning, very limited initiation of social interactions, and minimal response to social overtures from others. For example, a person with few words of intelligible speech who rarely initiates interaction and, when he or she does, makes unusual approaches to meet needs only and responds to only very direct social approaches.
Level 2 "Requiring substantial support"	Marked deficits in verbal and nonverbal social communication skills; social impairments apparent even with supports in place; limited initiation of social interactions; and reduced or abnormal responses to social overtures from others. For example, a person who speaks simple sentences, whose interaction is limited to narrow special interests, and who has markedly odd nonverbal communication.
Level 1 "Requiring support"	Without supports in place, deficits in social communication cause noticeable impairments. Difficulty initiating social interactions, and clear examples of atypical or unsuccessful responses to social overtures of others. May appear to have decreased interest in social interactions. For example, a person who is able to speak in full sentences and engages in communication but whose to-and-fro conversation with others fails, and whose attempts to make friends are odd and typically unsuccessful.



## Remove the Adults!

- 1. Picture Activity Schedules
- 2. Video Modeling
- 3. Script Training and Fading

### With adults

- 1. Teaching Interaction Procedure
- 2. Social Stories





## Participants – Number and Ages

Study	# Participants	Ages
Broadhead et al. (2014)	6	3-5
MacDonald et al. (2009)	2	5-7
Marzullo-Kerth et al. (2011)	4	7-8
Jones et al. (2014)	4	4-6
Paden et al. (2012)	2	7-9
Garcia-Albea et al. (2014)	4	4-6
Leaf et al. (2012)	6	5-13







Hider	Seeker
Open schedule" Attend to hiding place" Put "oh, no!" script on wrist Arrive at hiding place Wait at hiding place	Open schedule <sup>a</sup> Say, "go hide!" Look at peer Count from 1 to 20 Put "I found you!" script on wrist <sup>a</sup> Grab searching cue <sup>a</sup> Search for peer
Say, "oh, no!" Return to schedule" Place "oh, no!" script on schedule" Turn page"	Say, "I found you!" Return to schedule <sup>a</sup> Place "I found you!" script on schedule Return searching cues <sup>a</sup> Turn page <sup>a</sup> Say, "Thanks for playing!"
	Open schedule <sup>a</sup> Attend to hiding place <sup>a</sup> Put "oh, no!" script on wrist Arrive at hiding place Wait at hiding place Say, "oh, no!" Return to schedule <sup>a</sup> Place "oh, no!" script on schedule <sup>a</sup>

Note. Each participant played each role twice. <sup>a</sup>Denotes schedule behavior only.

Graduated guidance

- Full physical prompts, faded with improvement
  Script fading last word faded first













## Video Model Content

#### **Verbal Responses**

- "Would you like to try this?"
- "Do you want to try?"
- "Try this"
- "Do you want to try?"
- "Here, you try it"
- "Why don't you try?"
- "Would you like to try this?"

#### Stimuli

- Cookies
- Cars
- Magnets
- Velcro mitt and ball
- Pretzel
- Ball
- Play-doh
- Colored pencils
- Football



## Marzullo-Kerth et al. (2011)

- All four children increased sharing behaviors
- All children shared with untaught items
- All children shared in a novel setting, novel peer
- Children did not share with mundane objects
- 3 children maintained sharing behaviors
- All children emitted unscripted offers to share

"Sharing a highly preferred item may be aversive" Sharing more likely when multiple items













	Category	Sample Toy	Scripts
	Vehicle	Car	"Check this out!"
Stimuli			"Look, it's red"
and Target			"Cars go beep"
•	Instruments	Piano	"I can play piano"
Behaviors			"It's black"
			"Watch me hit the keys"
Determined by observing typical	Balls	Soccer ball	"I have the soccer ball!"
children			"It's black and white"
			"Let's kick it!"

	Taught (general case)	Gen probes
Dan	Balls, animals, buildings	Instruments
Justin	Instruments, balls, vehicles	Action figures
James	Vehicles, animals, action figures	Balls
Adam	Building materials, instruments, action figures	Vehicles

	Category of Interaction	Туре
Dependent	Initiations	Scripted
Measures	(said before partner)	Unscripted
		Novel
		In Vivo Scripted
		In Vivo Unscripted
	Elaborations	Scripted
	(said after partner)	Unscripted
		Novel
		In Vivo Scripted
		In Vivo Unscripted
		Acknowledgements
	Generalized Interactions	Within Category
		Across Category



Fading	Table 3 Levels Used During Script Fading
Fading level	Script content
0 1 2 3 4 4 5 6 7 <sup>a</sup>	Full script Last word removed Last two words removed All but the first word removed All but the first word removed on three stimuli and no script on six stimuli All words removed from audio recorder No scripts (i.e., recorder removed) No scripts (assistant presses recorder during prompts)
<sup>a</sup> Level 7 was	





















# Leaf et al. (2012) – Skills Taught

- Losing graciously
- Sportsmanship
- Giving compliments
- Cheering up a friend
- Showing appreciation
- Reciprocal compliments
- Negotiation
- Appropriate greetings
- Changing the conversation
   Disagreeing appropriately

- Providing assistance
- On-topic conversation
- Showing off work
- Explaining a "cool" event
- Showing interest
- Clarifying instructions
- Interrupting
- Joining into a game

#### Leaf et al. (2012) – Skills Taught **Teaching Interaction** Social Stories • State skill of the day Descriptive, perspective, affirmative, directive State rationale for skill Pictures and text State when to use the skill Therapist read story • Name all steps in order Comprehension questions • Therapist modeled skill What book about? Child stated if correct When display behavior? • Child role-played the skill Why display behavior? Both: What are the steps? Correct: tickets, praise; Incorrect: prompts



## MacDonald et al. (2009)

Reinforcement for social behaviors

"Acquiring play skills may also make it more likely that natural social consequences for interaction will come to exert an influence on the behavior of children with autism. That is, social consequences that were ineffective may come to have some value for these children through this training."

## **Reinforcers in Recent Studies**

Study	Reinforcers
Brodhead et al. (2014)	Praise, small edible
MacDonald et al. (2009)	None
Marzullo-Kerth et al. (2011)	Accept, confirm, manipulate, token (video game, snacks, toys)
Jones et al. (2014)	Praise, edible
Paden et al. (2012)	Tangible item (manded)
Garcia-Albea et al. (2014)	Edibles
Leaf et al. (2012)	Praise, tokens (tangible items, activities)

Verbal Operants	6 (Skinner, 1957)

	Antecedent	Behavior	Consequence
Mand	Motivating operation	"Book"	Specific SR+ (book)
Tact	Nonverbal stimulus	"Book"	Generalized Cond. Social SR+ (e.g., "Oh," "Yes")
Listener Responding	Verbal stimulus Nonverbal stimuli	Touch, point to book	Generalized Cond. Social SR+
Echoic	Verbal stimulus – model	"Book" – repeats model	Generalized Cond. Social SR+
Intraverbal	Verbal stimulus	"book" – not in antecedent	Generalized Cond. Social SR+





### Problem!

- Praise and attention not reinforcers for all children
- Attention is reinforcer for all verbal operants except mand
- Generalization and maintenance are unlikely without generalized conditioned social reinforcers
- Primary reinforcers: more time to consume than praise
- Edible reinforcers are unhealthy
- We are told to pair praise with reinforcers: research?

Contingent Pairing to Establish Praise as a Reinforcer with Children with Autism

### OR

Towards Establishing a Generalized Social Conditioned Reinforcer















previously neutral stimuli reinforced behaviors after acquiring discriminative properties during discrimination training. Copyright © 2014 John Wiley & Sons, Ltd.









		Table 1	
		Subject Characteristics	
Subject	Age (years)	Diagnosis or sensory impairments	Receptive or expressive ability
Jill	39	Severe MR, Down syndrome	1- to 2-step instructions, gestures and limited signs
Lily	47	Moderate to severe MR	1- to 2-step instructions, gestures
Bill	38	Mild MR	3- to 5-step instructions, vocal-verbal
Ben	42	Mild MR	3- to 5-step instructions, vocal-verbal
Alicia	26	Severe MR	1-step instructions, gestures
Mike	23	Severe MR	1- to 2-step instructions, gestures
Rick	56	Severe MR	1- to 2-step instructions, gestures
Riley	54	Moderate MR	3- to 5-step instructions, vocal-verbal
Larry	48	Moderate MR, seizure disorder, hearing impaired	3- to 5-step instructions, gestures and limited sign
Chris	36	Moderate MR	3- to 5-step instructions, vocal-verbal
Eric	17	Severe MR, autism	3- to 5-step instructions, gestures and limited sign
Shari	48	Moderate MR	3- to 5-step instructions, vocal-verbal

Note. MR = mental retardation.









## Purpose of Axe & Laprime

Extend Dozier et al. (2012)

- Children with autism, severe delays
- Pair praise with edible and non-edible reinforcers
- Pair commonly-used praise statement: "Nice job"
- Examine time between pairing and testing sessions
- Evaluate the maintenance of pairing effects





4 Conditions: Consequences				
Conditions	Jack	Andrew		
Praise	"Nice Job"	"Nice Job"		
Known Reinforcer	Tickles	Edible		
No Programmed Consequence	No experimenter response	No experimenter response		
Pairing	Praise + Tickle	Praise + Edible		


















Summary of Maintenance		
	3 pairing → 7 praise	6 pairing → 4 praise
Average rate of responses across praise sessions	<b>2.8</b> (range, o to 17)	<b>10.3</b> (range, o to 35)
Percent of praise sessions with o responses	64% (18 of 28 sessions)	17% (2 of 12 sessions)
Percent of praise sessions with greater than o responses	<b>36%</b> (10 of 28 sessions)	<b>83</b> % (10 of 12 sessions)

## Discussion

Contingent pairing with a known reinforcer effectively conditioned praise as a reinforcer for student behavior

Multielement within reversal design demonstrated experimental control of pairing over effectiveness of praise as a reinforcer

Time matters

- 2-day analysis: required to control conditioning effects
- Dosages sustain effects for different lengths of time



## Future Research

- Thin schedule of reinforcer paired with praise
- Compare number of praise statements (1 vs. many) paired with known reinforcer
- Pair with one praise statement and test the effects of another praise statement
- Demonstrate effects of praise from another person
- Evaluate facial expression, tone of voice, enthusiasm



# Recommendations for Practice

- Program frequent pairings in educational settings
- Probe intermittently to test for praise as a reinforcer
- Test schedule of pairings needed to establish and maintain praise as a reinforcer
- Examine dosages of pairings necessary for maintenance of responding with praise
- Use intermittent pairings for maintained effects
- Consider the praise statements you use in your settings



Teacher's	Concerns	
Social Delay	Teacher's Facial Expression	Child's Response
Perseveration on topic	"Move-along" expression and gesture	End topic
Inappropriate behaviors (e.g., nose picking, hands in pants)	"Not nice" face	Stops behavior, "that's not nice"
Rambunctious behavior, noncompliance	Disapproving look	Quiet down, comply with teacher, "I'll be good"
Tantrums	Calming expressions and gestures	"I'll calm down"



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	Discriminative Stimuli	Responses
Sadness/	<u>Training</u>	"Are you okay?"
Pain	"Ouch" and bumping leg on the table	and patting arm "Are you alright?" and patting arm
Category	"I don't feel good" and sitting down	"It's okay" and patting arm
Others:	"I hurt my elbow" and touching elbow	
Happiness/	"I'm so upset" and sniffling or crying	
Excitement	Generalization	
:	"Oh no" and wiping eyes with tissue	
Frustration	"I have a headache" and holding forehead	







# Video Modeling



- Play (Boudreau & D'Entremont, 2010; Dupere et al., 2013; Lyden et al., 2011; MacDonald et al., 2009; Ozen et al., 2012; Sancho et al., 2010; Scheflen et al., 2012)
- A series of novel skills (Taber-Doughty et al., 2013)
- Self-help skills (Shrestha et al., 2013)
- Functional skills (Smith et al., 2013)
- Greetings (Kagohara et al., 2013)
- First aid skills (Ozkan, 2013)
- Vocational tasks (Allen et al., 2010; Kellems & Morningstar, 2012; Van Laarhoven et al., 2012)





## **Participants and Setting**

Three children with PDD-NOS, age 5

• Hank, Bill, Ken

Verbal, rigid with routines, easily frustrated, working on using age-appropriate social skills

Public early childhood center in a suburban district

Self-contained classroom; typical classroom

2 - 3 sessions per week, 10 min per session

Facial Expressions	Teacher's Behavior	Child's Response
Approval	Wink	"I did good"
Bored	Hand on cheek, drowsy eyes	"You look bored"
Calming	Inhale, exhale, hands down	"I'll calm down"
Disgusted	Squinted mouth and eyes, shaking head	"That's not nice"
Impatient	Gesturing hand, eyes wide open	"Ok, ok, I'm done"
Pain	Squinted eyes, rubbing forehead	"Are you ok?"
Pleased	Nodding head, ends of mouth down	"I did good"
Disapproval	Arms crossed, head down	"I'll be good"



## Experimental Design, Procedures

Multiple probe across facial expressions design

Probe at start of each session (mean IOA 94%)

- Facial expressions alone "What do you say?"
- Correct responses → praise and pat on back
- If correct, no training
- If incorrect → training











## Conclusions

Video modeling effective in teaching three children with autism to respond to facial expressions

Generalization across people and settings

Adds to research on applications of video modeling

Adds to research on facial expressions – applied

Strength: one-trial learning for Hank

Limitation: inconsistent responding by Bill

# <section-header>**Description** So far, contrived situations – all faces presented in a row Target real-life situations, such as conversations





## Carbone et al: Eye Contact

Eye contact is critical for:

- Joint attention
- Learning language
- Learning from an instructor

Previous research:



- Early research: physical and vocal prompts
- Recent research: naturalistic training, peer modeling
- Limitation: tangible, edible, praise as reinforcers







MotivAiderImage: state sta		New   Desired Behavior   Personal Message   Prompt Pattern   Display Message   No   ON   OFF   Time Interval(mins)   I   Start Time   Stop Time   6: 00 PM   Save
\$59.50	1	\$2.99





Method	0:00 - 0:30	Play normally
MELIIUU	0:30 - 1:00	Approval
Lawas table in also and and	1:00 - 1:30	Play normally
Large table in classroom	1:30 - 2:00	Sad
<ul> <li>Conversation: 4 minutes</li> </ul>	2:00 - 2:30	Play normally
• Game: 4 minutes	2:30 - 3:00	Нарру
	3:00 - 3:30	Play normally
	3:30 - 4:00	Bored
Baseline: no MotivAider		
Intervention, shild ware Met		for
Intervention: child wore Mot	tivAlder set	for 30 sec
<ul> <li>Explained to child purpose of</li> </ul>	of MotivAider	
<ul> <li>Reviewed responses to four f</li> </ul>	facial expression	ons
• Eye contact → praise		
<ul> <li>Respond to facial expression</li> </ul>	$\rightarrow$ social resp	onse





## **Reward System**

Ken, even at 15 second intervals, was not responding as much as we wanted

Token system

- When he looked at the instructor he received a stamp
- If he received more stamps than in the previous session, he earned a preferred item (chocolate, game, sensory activity)



## Responding to Facial Expressions

Video modeling was effective in teaching 3 children with PDD-NOS to respond to 8 facial expressions

MotivAiders were effective in increasing eye contact during play and conversation – necessary for responding to facial expressions

Learning to respond to subtle facial cues is critical for succeeding with teachers and making and retaining friends









## Recent Research on Social Skills

## **Social Skills**

- Playing games
- Pretend play
- Sharing
- Manding to peers
- Social initiations
- Social responses
- Responding to faces
- Making eye contact

## **Teaching Strategies**

Less adult assistance

- Picture Activity Schedules
- Video Modeling
- Script Training and Fading
- Tactile Prompts

### More adult assistance

- Teaching Interaction Procedure
- Social Stories







Generaliza	tion: Exam	ples
Teaching Setting Natural Setting Generalization?		
Saying "hi" sitting in chairs	Saying "hi" approaching in the hallway	Don't expect generalization
Edibles for turn taking	No edibles – continued game play is reinforcer	Don't expect generalization
Adult praise when manding to peers	No adult praise when manding to peers	Don't expect generalization
Motivaider cuing eye contact	Motivaider cuing eye contact	Increase likelihood of generalization



