Meeting the Milestones: Implementing a Verbal Behavior Program for Children with Autism

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Assessment and Analysis: The Foundation of Intervention

- The first component is an assessment and analysis of the child's existing positive and negative repertoires
- It is essential to know what **skills** a child can reliably demonstrate (e.g., mands, tacts, imitation, echoics, etc.)
- It is also essential to identify the language, social, behavioral, and learning **barriers** that are preventing or slowing down skill acquisition (e.g., prompt dependency, impaired mands, scripting, scrolling)
- Without assessment it is impossible to know **what to teach** a child, or be efficient and developmentally appropriate in the process

Assessment and Analysis: The Foundation of Intervention

- The assessment results establish a baseline, and provide a framework for the intervention program
- The VB-MAPP assessment program (Sundberg, 2008, 2014) was designed to guide this process
- Standardized assessments, while important, do not provided the necessary data to design an individualized intervention program
- Esch, LaLonde, & Esch (2010) examined 28 language assessments commonly used for children with autism
- They showed, for example, that 26 of the assessments did not contain a measurement for manding, and many items could be scored as correct despite the use of prompts

A Behavioral Approach to Language Intervention for Children with Autism

- Basic behavioral concepts, principles, and procedures guide **how to teach**, and also allow professionals to identify and quantify learning, as well as barriers (e.g., motivation, reinforcement, prompting, shaping, generalization)
- The development of language and social skills by typically developing children provides a valuable guide and framework for the daily curriculum for children with language delays (**what to teach**)
- Skinner's (1957) analysis of verbal behavior provides a behavioral framework of language and social behavior that can be used to guide an intervention program (Sundberg & Michael, 2001) (what and how to teach)

The Variations of ABA Intervention Programs

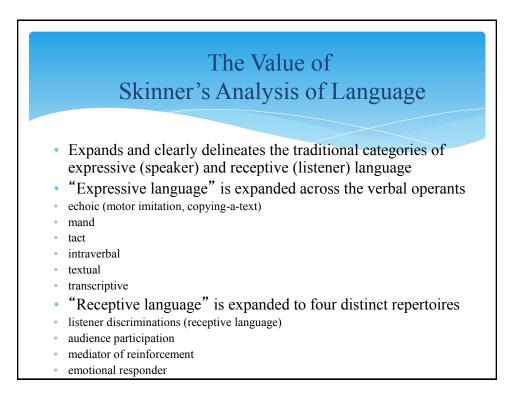
- "Structured" (table top) teaching models
- DTT/DTI
- ABA
- EIBI
- ABA/VB
- All share common features, for example:
 - systematic use of basic behavioral procedures
 - instructor led instruction
 - table-top setting
 - a progressive skills list with specific targets
 - data collection

The Variations of ABA Intervention Programs

- "Naturalistic" teaching models
- Incidental teaching
- Milieu training (Mand-model)
- Pivotal Response Training (Natural Language Paradigm)
- Natural Environment Training (ABA/VB)
- All share common features, for example
 - systematic use of basic behavioral procedures
 - teaching occurs away from a specific work station
 - · focus on a child's on-going MOs, and child initiated behaviors
 - focus on social interactions
 - use of various expansion techniques
 - data collection

How is the "Verbal Behavior Approach" Different?

- All ABA-based programs use the standard behavioral technology
- The analysis of what constitutes language is the primary distinction between the models
- Most ABA models make use of the standard expressive-receptive distinction based on cognitive psychology (e.g., Piaget, Brown)
- A verbal behavior model makes use of Skinner's analysis of language as the foundation of the program, along with basic ABA technology



The Value of Skinner's Analysis of Language

- Sundberg & Michael (2001) identify several benefits of Skinner's analysis of verbal behavior for autism treatment, some include:
- Assessment across all the verbal operants and combinations
- Intervention across all the verbal operants and combinations
- Incorporate the mand relation into assessment and intervention
- Incorporating the motivation operation (MO) into all aspects of the program
- Incorporate the intraverbal relation into assessment and intervention
- Incorporating automatic contingencies into all aspects of the program
- Use Skinner's analysis of verbal behavior to analyze impaired verbal behavior (e.g., echolalia, rote intraverbals, verbal scripting)

Basic Components of an ABA/Verbal Behavior Program

- Teaching procedures are based on standard ABA methodology (e.g., systematic use of reinforcement, prompting, fading, shaping, etc.)
- The language assessment and intervention program is based on Skinner's (1957) analysis of verbal behavior
- Linguistic milestones from typically developing children are used as a guide for both language assessment and language intervention
- Behavior analysis in general, and Skinner's analysis of verbal behavior in particular, are used for the on-going analysis of language acquisition, and especially for **barriers** that might impede language development

Basic Components of an ABA/Verbal Behavior Program

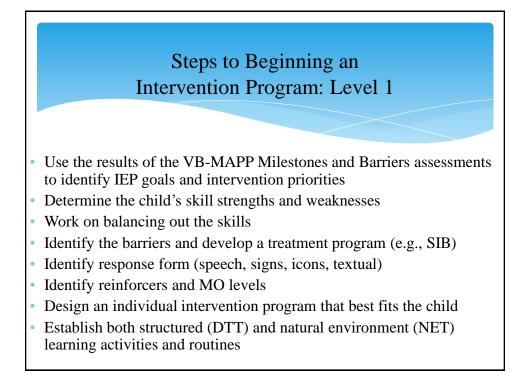
- Words are taught through all functional categories of language (e.g., "shoe" as an echoic, mand, tact, listener, MTS, intraverbal, textual)
- And words are taught in variety of contexts (e.g., social interactions, play, daily living activities)
- Mands (requests) are an important part of early language development
- Adults capture and create motivation to use as a teaching tool (MOs)
- Errorless prompting procedures are generally used (as opposed to punishment ("NO") and trial and error)
- Encourages frequent responding when appropriate (fluency)
- A steady, natural pace of instruction is recommended (helps keeps the child on task), not too slow-not too fast

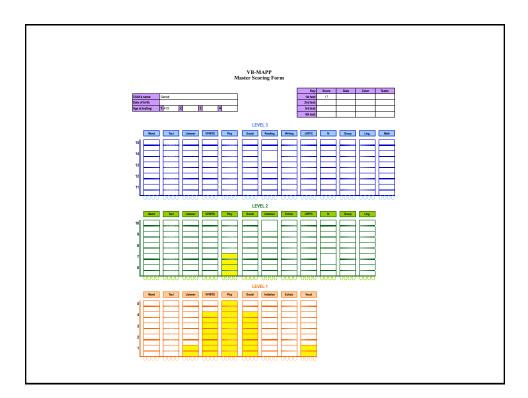
Basic Components of an ABA/Verbal Behavior Program

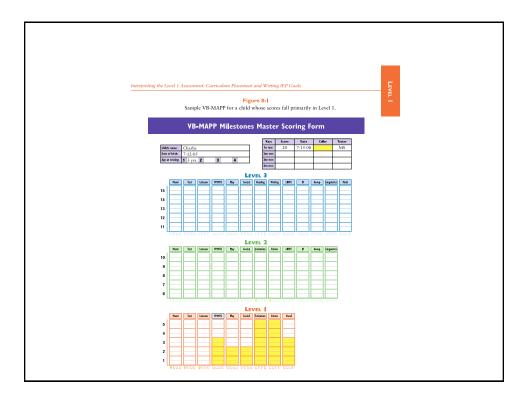
- Has a mix of structured teaching (DTT, DTI, ABA, EIBI) and natural environment teaching (NET, PRT, Incidental, Milieu)
- High frequency of targeted instructional trials (intensive)
- Augmentative communication is used when necessary (i.e., sign language, icons, written words)
- Skills are generalized immediately
- Pairing procedures are an important part of every day
- Retention probes are conducted to make sure the skills that are acquired are maintained and functional
- Playing equals learning, play is used to teach other skills
- A strong focus on social skills and speaker-listener dyads

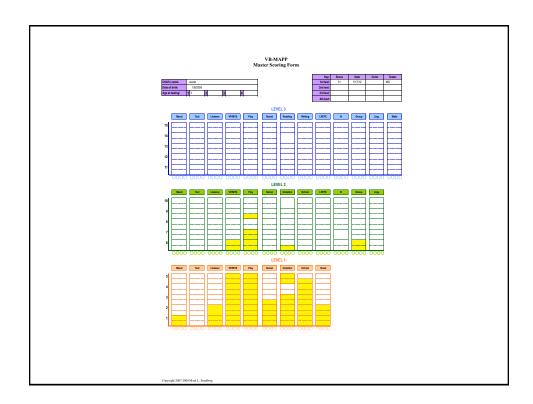
Basic Components of an ABA/Verbal Behavior Program

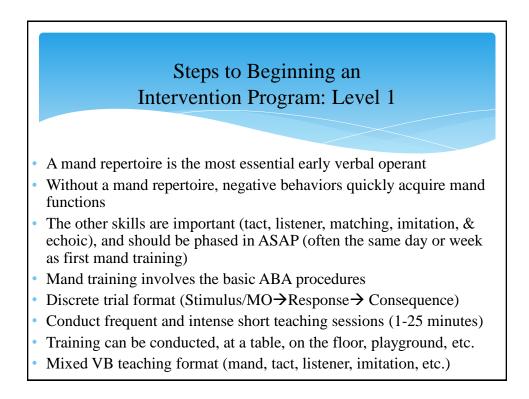
- Teaching sessions should contain a mixture of verbal skills (i.e., mand, tact, echoic) with the opportunity to mand as reinforcement for the target response ("Mixed VB")
- Difficult tasks are interspersed with easy tasks to keep level of reinforcement high (i.e., momentum, control for "ratio strain")
- Transfer procedures are used to make learning easier
- Natural language is used, staff member should not use robotic language (e.g., "What is it?" "Put with same")
- Program should be consistently supervised by trained professionals
- Watch for emerging barriers





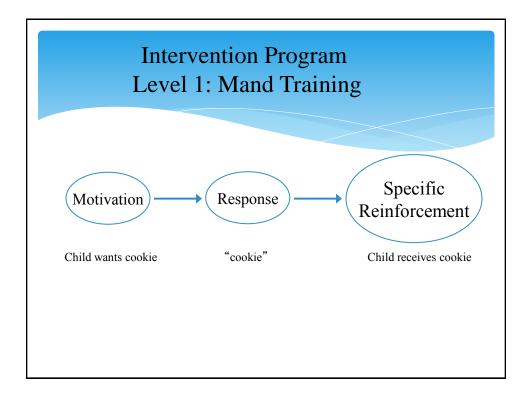






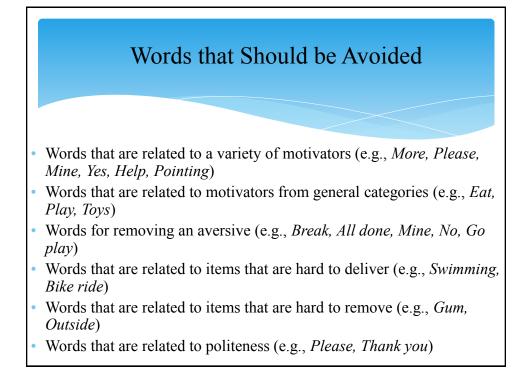
Immediate Goals

- Teach the child to mand, free from echoic or imitative prompts
- Teach the child that he can gain access to reinforcers by manding
- Teach the child that negative behaviors will not work as mands
- Teach the child that the initiating discriminating stimulus (S^D) may be visual, auditory, tactile, etc.
- Teach the child to be a speaker and a listener
- Gain instructional control in a positive way
- Establish the instructor as a reinforcer, make learning fun
- Avoid the temptation to increase the size of the sentence too soon (e.g., "I want..."). It is more functional for the child to increase the number of mands rather than the words used in one mand



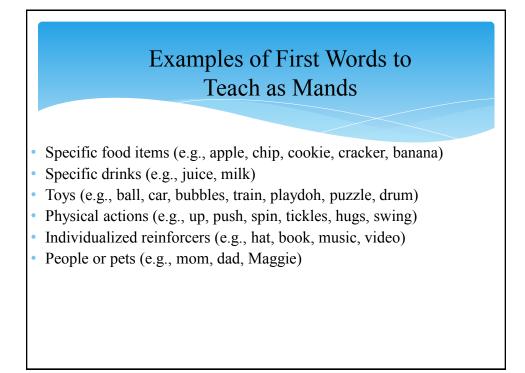
Where to Start Mand Training?

- What motivates a specific child?
- When is that motivation strong?
- Can that motivation be used (captured or contrived) to teach a mand?
- Make a list of potential motivators and the related reinforcers
- Select the first few words to teach



Selecting the First Words to Teach as Mands

- Words that are related to strong motivation for an item
- Words that are related to items that involve slow satiation so multiple trials can be conducted
- Words that are related to a specific item (i.e., allows for prompting)
- Words that are related to items that are consumed or dissipate
- Words that are related to items that are easy to deliver immediately
- Words that are related to items that are easy to remove when necessary
- Words that involve a response form that is already in the repertoire (e.g., echoic)
- Words that do not rhyme or sound to similar to other words
- Words that will be used in the natural environment

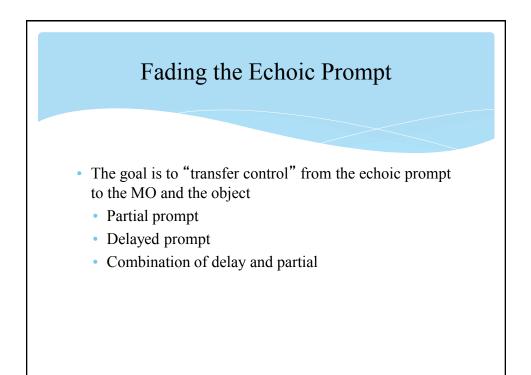


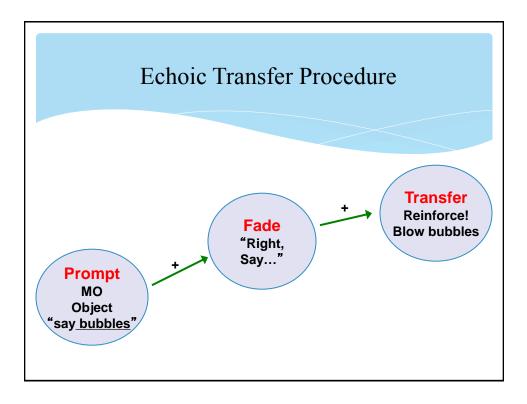
Intervention Program Level 1: Mand Training for a Child With Some Echoics

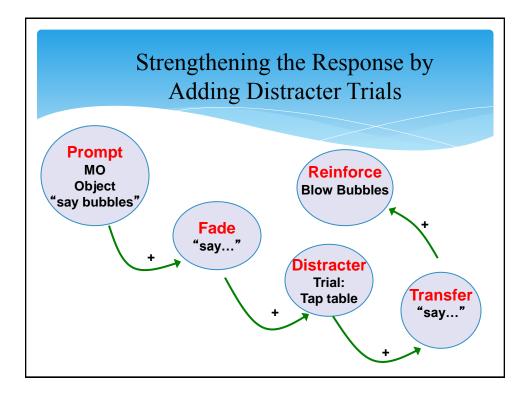
• Identify a motivator that is currently strong (e.g., bubbles)

- Have the bubbles present
- Provide some "noncontingent" bubbles first, make it fun
- Pair the word "bubbles" with the delivery of the bubbles
- Begin training by giving an echoic prompt and delaying the delivery of the bubbles
- There are 4 antecedents (MO, object, echoic, verbal prompt)

Using a mand frame and prompts for early mand training Antecedent Behavior Consequences Motivating operation (wants bubbles) * "Ba" Praise Nonverbal stimulus (bottle presented) * "Ba" Blow bubbles Echoic prompt ("bubbles") Yerbal prompt ("Say") Blow bubbles

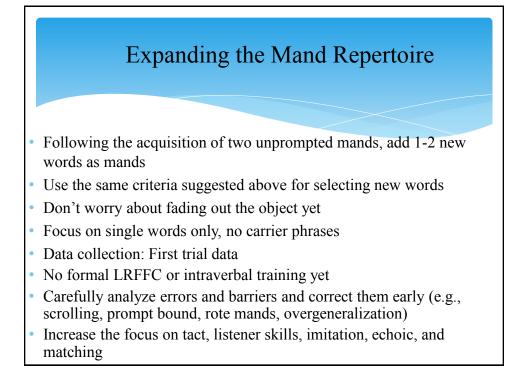






Stimulus Generalization

- A specific word should occur under a wide variety of circumstances
- Different settings
- Different people
- Different noise level and distractions
- Different carrier phrases
- · Different tone of voice, pitch, intonation, prosody, and volume
- Different materials
- Combinations of all of these



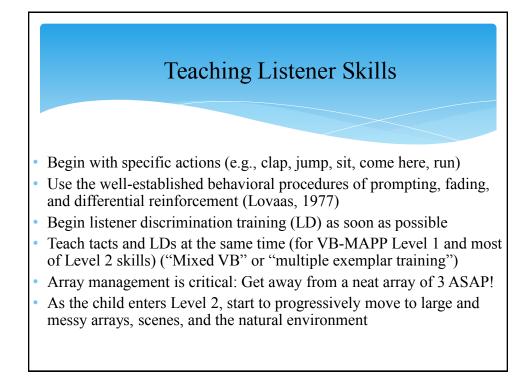


- Start tact training as soon as possible, However.....
- If the child does not have any mands the initial focus should be on establishing mands
- If a child cannot emit any echoic or imitative behavior the initial focus should be on using mands and pairing procedures to help to establish echoic or imitative skills
- If the child demonstrates severe behavior problems or noncompliance, it may be that these issues (along with mand training) are more of a priority
- If the child can easily emit several echoic or imitative responses, and has a few mands, then tact training should begin immediately
- Carefully select tact targets

Tact Training: Transfer From Echoic to Tact								
Antecedent Behavior Consequences Verbal prompt ("What's that") Shoe Praise Shoe Praise Praise								
Fade the Echoic Prompt								
Antecedent Behavior Consequences								
Verbal prompt ("What's that") Nonverbal stimulus (sees a shoe) Shoe Praise Echoic prompt ("say shoe")								

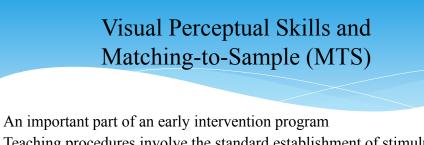
Adding New Tacts

- Use three days of first trial correct data (cold probe)
- Add the acquired target to the generalization list
- Conduct listener trials (should already be happening)
- Add a new tact when an existing target has met criteria
- Use a "Next 10 words list" to select new target tacts
- Conduct daily maintenance and generalization trials on "mastered" tacts
- Add the mastered target to the "300 common nouns" list
- This list will later be used for selecting targets for noun-verb combinations, etc., LRFFCs, and intraverbals
- Avoid the temptation to add adjectives, prepositions, adverbs, etc.



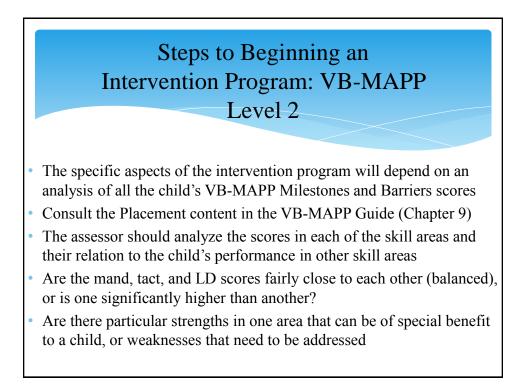
Echoic and Imitation

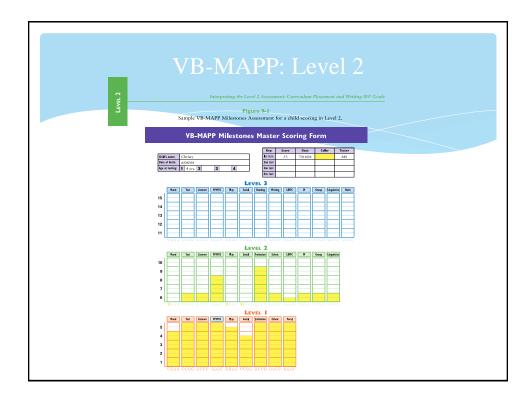
- Incorporate echoic and imitation into mand, tact, listener and matching sessions, as well as play, social, self-help, and everyday natural environment activities, etc. Unless...
- The skills are very weak and need specific speech therapy or training time
- Standard teaching procedures of establishing stimulus control through pairing, prompting, fading and differential reinforcement

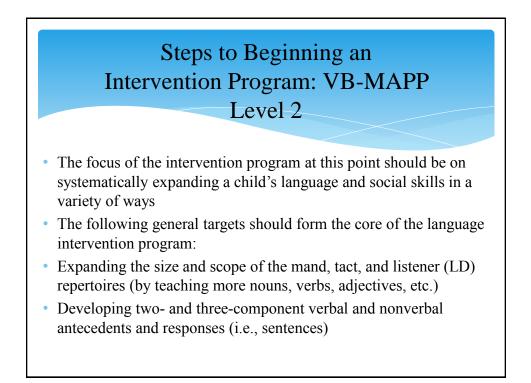


- Teaching procedures involve the standard establishment of stimulus control through prompting, fading, and differential reinforcement
- Recommend following the sequence of matching skills presented in the VB-MAPP
- MTS can be used to help establish a variety of more advanced skills such as...
- Advanced scanning skills and attending
- Listener discriminations
- LRFFC categorization
- Intraverbal categorization

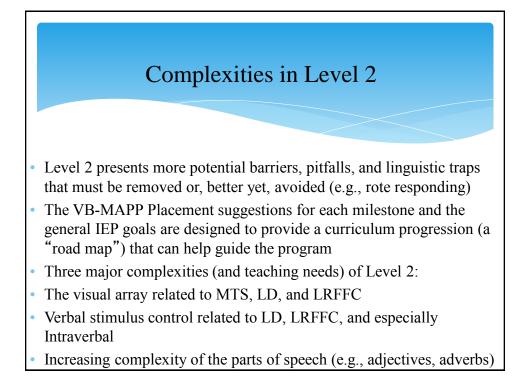
			SPRING Schedule	3	
TIME	BEN	ANNA	MARIA	MICHAEL	SHANNON (MWF)
9:00-9:10	AM routine/VB	AM routine/VB	AM routine/VB	AM routine/VB	AM routine/VB
	ICHIRO & JORDAN	KYLE	PETER & AIDAN	TYREE	ICHIRO
9:15-9:40	TACT	TACT	TACT	TACT	TACT
	TYREE & PETER	AIDAN & JORDAN	ICHIRO	KYLE	TYREE
9:40-10:05	MTS	MTS	MTS	MTS	MTS
	JORDAN	AIDAN & KYLE	ICHIRO & TYREE	PETER	AIDAN
10:05-10:15	SNACK	SNACK	SNACK	SNACK	SNACK
10:15-10:30	RECESS	RECESS		RECESS	RECESS
10:30-10:35	PREP	PREP	PREP	PREP	PREP
10:35-11:00	RD	RD	RD	RD	RD
	TYREE & PETER	AIDAN & JORDAN	KYLE	ICHIRO	PETER
11:00-11:25	IND. SESSION	IND. SESSION	IND. SESSION	IND. SESSION	IND. SESSION
	JORDAN & ICHIRO-MTS	PETER-MTS	KYLE & AIDAN-RFFC/IV	TYREE-IV	KYLE
11:25-11:45	TACT	TACT	TACT	TACT	TACT
	PETER	KYLE & TYREE	JORDAN & ICHIRO	AIDAN	TYREE
11:45-12:15	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:15-12:45	RECESS	RECESS	RECESS	RECESS	RECESS
12:45-12:50	PREP	PREP	PREP	PREP	PREP
12:50-1:10	FM	FM	FM	FM	FM
	AIDAN & ICHIRO	KYLE	PETER & TYREE	JORDAN	
1:10-1:30	RD	RD	RD	RD	RD
	KYLE	PETER & TYREE	JORDAN	AIDAN & ICHIRO	
1:30-1:50	GROUP	GROUP	GROUP	GROUP	GROUP
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY-PARENTS
1:50-2:00	PACK UP-JOBS	PACK UP-JOBS	PACK UP-JOBS	PACK UP-JOBS	PACK UP-JOBS
1	CHIRO & JORDAN	KYLE	PETER & AIDAN	TYREE	

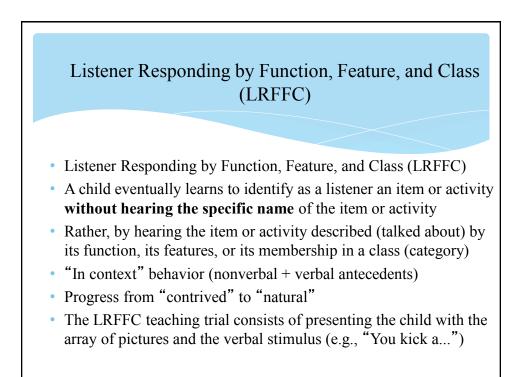


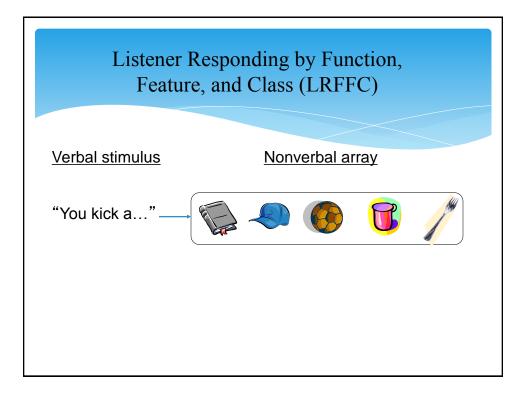


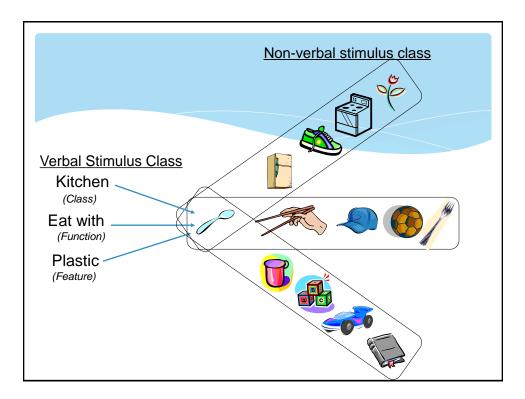


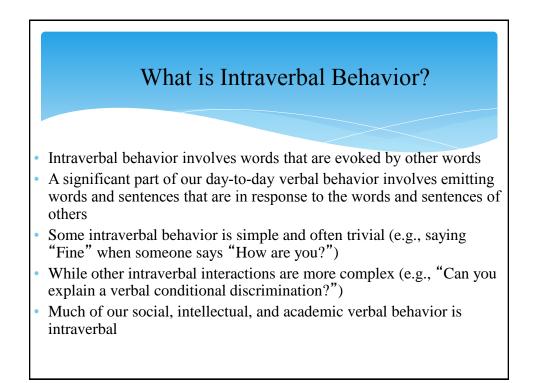
- Beginning listener responding by function, feature, and class (LRFFC)
- Beginning intraverbal training
- · Developing social and verbal interactions with peers
- Developing group and classrooms skills
- Learning in less restrictive settings (e.g., natural environment, group settings, play, and arts and crafts)

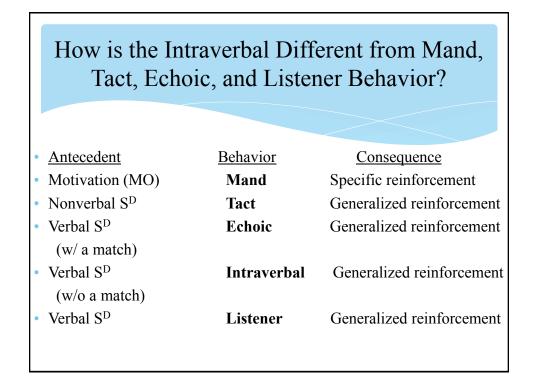


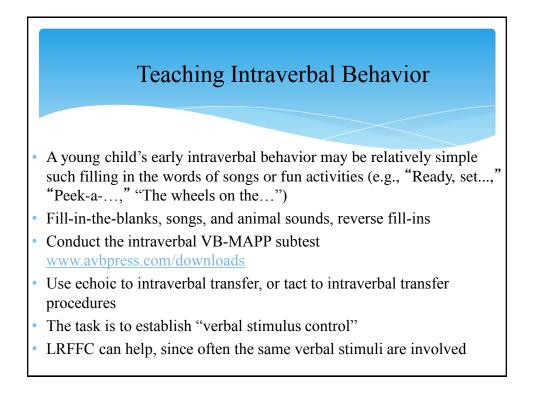




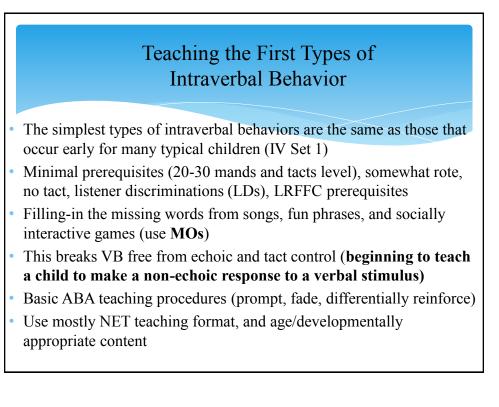








		PP Intraverbal	
Ass	essme	nt Subtest	_
Child's name:		Tester:	
Date of birth:		Testing date (s):	4
Diagnosis if any:		Total score (give a 0 or 1 for each item)	4
Group 1: Animal sounds & songs fill-ins)	Score	Write the exact response given by the child	-
Group 1. Annual sounds & songs ments)	Score	while the exact response given by the child	
A kitty says			
Twinkle, twinkle, little			
Ready, set			
The wheels on the bus go			
Rock-a-bye			
A dog says			4
Peek-a			_
The itsy bitsy			-
Head, shoulders, knees and Happy birthday to			-
Other:			-
Other:			-
Total points (10 points maximum):	-		
Group 2 (Name, fill-ins, associations)]
What is your name?			
You brush your			4
Shoes and	-		-
You ride a	-		-
You flush the			-
You sleep in a You eat			-
One, two	-		-
You wash your			-
You sit on a			1
Other:			1
Other:			
Total points (10 points maximum):			



Moving on with Intraverbal Training

- Out of context fill-in-the-blanks, prerequisites include:
- 100-200 mands, tacts, and LDs before a major focus on intraverbals
- Matching-to-sample (MTS) and some sorting skills
- Verb-noun combinations as tacts and LDs
- Listener responding by function, feature, & class (LRFFC)
- Strong generalization skills--across the board
- Tact and LDs acquired for specific target words
- Use the "known language lists" as a vocabulary guide (e.g., first 300 noun list, first verbs list, noun-verb list, LRFFC list, etc.) (www.avbpress.com)

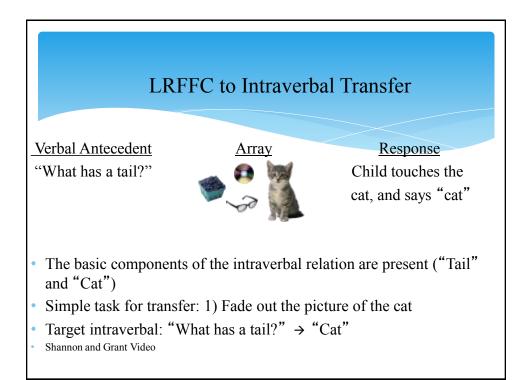
Expanding, Strengthening, and Measuring the Early Intraverbal Repertoire

- Build to 100s of simple IV relations
- New songs, different missing words, new contexts, etc.
- Reverse the order of the original IV verbal parts
- Emphasize stimulus and response variation
- Generalization to different people, contexts, tones, melodies, etc.
- Intersperse relevant nonverbal activities, as well as mands, tacts, and LDs
- First-trial probe data on the target intraverbal relations should be conducted on a regular basis

Procedures for Teaching Intraverbal Behavior through LRFFC

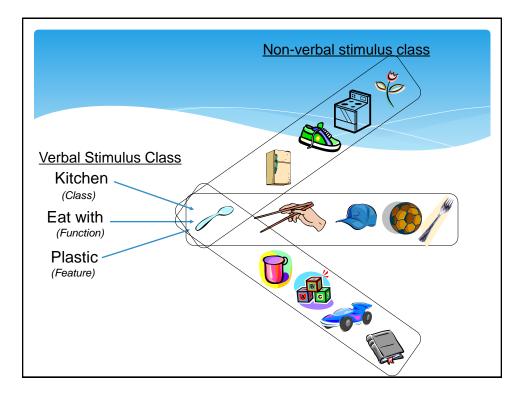
• LRFFC to intraverbal transfer of stimulus control procedure

- A child often begins to tact the nonverbal stimulus in an LRFFC task
- The verbal stimulus (e.g., "You see a tail on a...") and the response ("cat") provide the foundation an intraverbal relation
- The task is to fade out the nonverbal stimulus
- And eventually (if not already) fade to a WH question (e.g., "What has a tail?")
- Select words that are already strong in the child's repertoire as tacts and listener discriminations



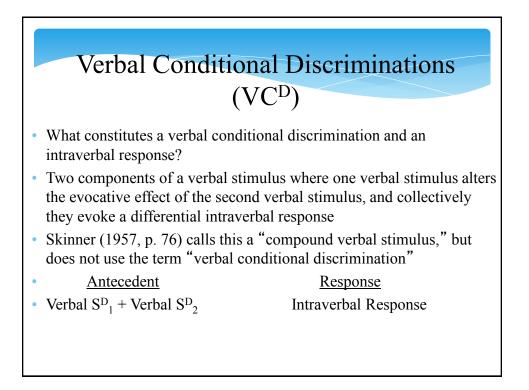
The Use of LRFFC as a Stepping Stone to Intraverbal

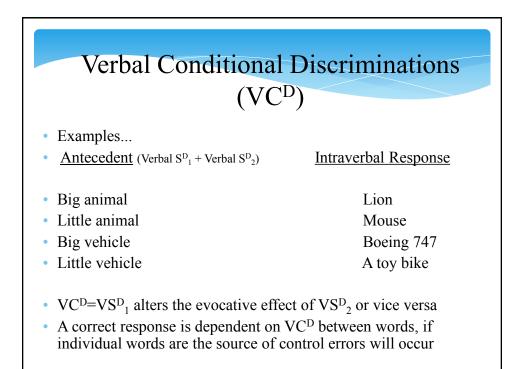
- Next step: multiple exemplar training (MET, generalization)
- Specific verbal stimulus classes are established (LRFFC)
- Specific verbal response classes are established (LRFFC)
- A verbal stimulus class is where a child learns that several different verbal stimuli (e.g., *tail, meow, animal*) can evoke the same response (*cat*)
- The response class is where a single verbal stimulus (*tail*) can evoke several different responses (e.g., *cat, dog, whale*)
- LRFFC to intraverbal transfer procedures can be used to establish classes first with nonverbal stimuli, then with verbal stimuli

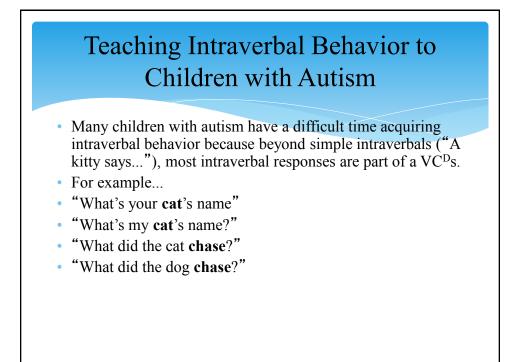


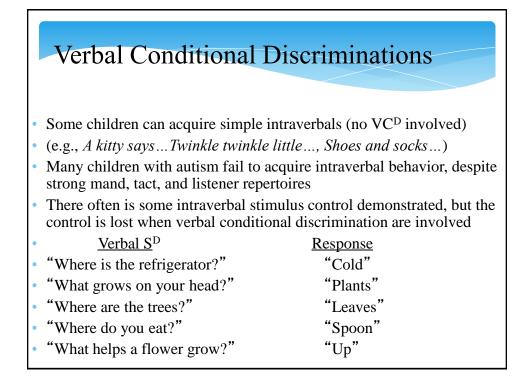
Conditional Discriminations

- <u>Conditional discrimination</u>: "When the nature or extent of operant control by a stimulus condition depends on some other stimulus condition" (Michael, 1993, p. 14)
- Matching to sample always involves two stimuli that relate to each other (conditional discrimination)
- Many advanced verbal skills involve conditional discriminations, especially intraverbal behavior









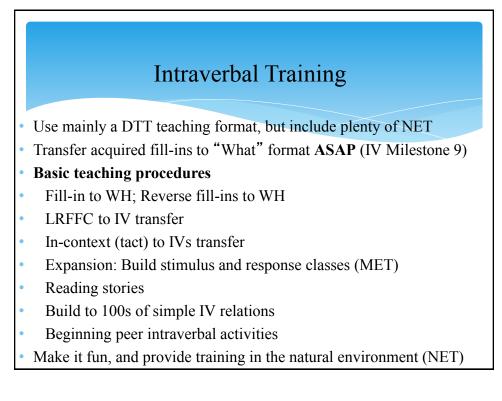
		PP Intraverbal nt Subtest	
Group 3 (Simple What question	s) Score	Write the exact response given by the child]
What can you drink?			
What can fly?			
What are some numbers?			
What can you sing?			
What's your favorite movie?			
What are some colors?			
What do you read?			
What is outside?			
What's in a kitchen?			
What are some animals?			
Total points (10 points maximum	n):		
Group 4 (Simple Who, Where, a	& age)		
Who is your teacher?			
Where do you wash you hands?			7
Who builds a web?			7
Where is the refrigerator?			1
Who drives the car?			7
Where do you take a bath?			1
How old are you?			1
Where are the trees?			1
Who do you see on TV?			1
Why do you use a Band-Aid?			1
Total points (10 points maximum	n):		
Total points (To points inaxinal			-
			-
			-
			-
			-
			-
			-
			4

Issuement Subset Form 5 (Categories, function, fatures) form Winte the exact response given by the child What shape are wheels?				
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Group 6 (adjectives, prepositions, adverbo) What color is my shirt? What color is my shirt? What's up in the sky? What's up in the sky? What do you seel wint? What above a house? What arouse no your head? What animal has stripe? What color is your head? Total points (10 points maximum): Intervention				1
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What color is my shirt?				1
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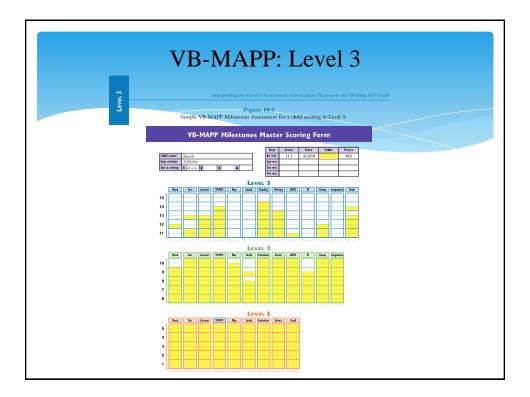
		P Intraverbal at Subtest	
Group 7 (Multiple part questions)	Score	Write the exact response given by the child]
	_		-
What makes you sad? Name some clothing.	_		-
Tell me something that is not a food.	_		
What helps a flower grow?	-		
When do we set the table?			\sim
What do you do with money?			
What do you do with money? Why do people wear glasses?	+		
Where do you put your dirty clothes?			
What is something you can't wear?			-
What is something you can't wear? What's something that is sticky?	-		-
Total points (10 points maximum):	-		
Total points (10 points maximum).			
	-		-
Group 8 (Multiple part questions)			-
Group 8 (Multiple part questions)			-
What's in a balloon?			-
What is in a banoon? What do you take to a birthday party?			-
What do you take to a biruday party? Where do you go if you're sick?			-
Where do you go if you're sick? Why do you wear a coat?	-		-
Why do you wear a coat? What do you do before bed?	-		-
	-		-
What's your last name?	-		-
What do you put in a sandwich?	-		4
What musical instrument has strings?	-		4
What do you do with an umbrella? Why do adults need to get gas?	-		4
Total points (10 points maximum):	-		
Total points (10 points maximum):	-		
	-		-
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Intraverbal Training

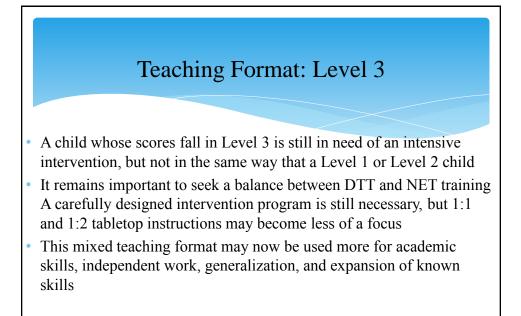
- Prerequisites (200-400 mands, tacts/LD-generalized, MTS, sorting)
- Same prerequisites previously identified (e.g., known tacts and LDs)
- Successful completion of related LRFFC tasks
- Successful completion of many fill-in and reverse fill-in IV
- Mostly noun-verb combinations
- Tact/LD training is still occurring (vocabulary growth continuing)
- LRFFC training is still occurring (verbal stimulus control improving)
- · Generalization, stimulus and response classes are growing
- Gradual increased focus of the overall program on social, LRFFC, and intraverbal skills (less on echoic, imitation, MTS, tacting, LD—but don't stop progressing, for example, social and functional imitation)



- Level 3 begins at 30 months of age for a typically developing child
- By this time a typical child has acquired hundreds of mands, tacts and listener responses (LDs), and easily learns new words daily
- Mands are spontaneous, frequent, and clearly controlled by the child's personal motivators, especially MOs that relate to verbal information (i.e., asking questions)
- These mands are constantly changing and very little formal training is necessary to develop new mands, in fact the problem at this age is often too many mands ("the terrible 2s")



- Echoic and imitation skills are well established which makes teaching new words and skills easier
- The visual perceptual and matching skills are reaching the abstract level and beginning to help pave the way for academic skills
- Intraverbal skills are growing rapidly and daily, and will soon reach thousands of intraverbal connections
- Social interactions with adults and peers are a cornerstone of each day, and regularly contribute to the development of a wide variety of new skills
- New skills are usually acquired quickly, they generalize, occur spontaneously, transfer, and don't require maintenance trials



- In general, the focus of the intervention at this point should be on:
- Expanding the content of what the child talks about by teaching new mands, tacts, intraverbals, and LD responses
- Expanding the sentence size by teaching the child how to modify basic nouns and verbs with adjectives, prepositions, pronouns, adverbs, and so on
- Developing more complex mands, such as mands for information and mands involving the different parts of speech
- Teaching more complex intraverbal behavior (e.g., how to talk about things and events that are not present)
- · Learning to use these verbal skills in socially appropriate ways

