Food Exposure

NAME: Revised: 10/03

FRUIT (F)	VEGETABLE (V)	PROTEIN (P)	STARCH (S)
1 -	1 -	1 -	1 -
2 -	2 -	2 -	2 -
3 -	3 -	3 -	3 -

Key (see Feeding Program for extended response definitions)

A =	Acceptance	Opening the mouth and placing of food in the mouth.			
R =	Refusal	Not opening the mouth and/or not placing food in the mouth.			
E =	Expulsion	Appearance of food past the border of the lip after an acceptance of food.			
		Includes spitting of food out of mouth or tipping head to allow food to fall out			
		of the mouth.			
D =	Disruptive behavior	Batting at the spoon or another behavior which disrupts the presentation of			
		food to the child during the presentation. Includes self-injury and aggression.			

For each meal, randomly determine the order in which the food items (e.g., Fruit 1, Starch 3, Vegetable 2, Protein 3) will be presented. Use this sequence for each Block of 4 trials during that meal. Use a different order with respect to food type on the next meal. After the initial 6 meals, prescribe the items to be used at each meal assuring that each food item occurs twice every 6 meals. After 18 meals, see Bill Ahearn for further instructions.

Meal #	1	Date: / /		Feeder:		Re	li:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		F1, V1, P1, S1
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #	2	Date: /	/	Feeder:		Re	eli:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		F2, V2, P2, S2
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #	3	Date: /	/	Feeder:		R	eli:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		F3, V3, P3, S3
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #	4	Date: /	/	Feeder:		R	eli:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		F1, V2, P1, S3
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #	5	Date: /	/	Feeder:		R	eli:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		F2, V3, P2, S1
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		

Meal #	6	Date: /	/	Feeder:		R	eli:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
31001	ARED	ARED	ARED	ARED	ARED		F3, V1, P3, S2
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	TRED	TRED	TRED	TRED	TRED		<u> </u>
Meal #		Date: / /		Feeder:		Re	li:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		Items used:
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	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
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Meal #		Date: / /		Feeder:	T = 4 = -	Re	
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
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	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #		Date: / /		Feeder:		Re	li·
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
01401	ARED	ARED	ARED	ARED	ARED		Items used:
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
						1	
Meal #		Date: / /		Feeder:	T	Re	
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		Items used:
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
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Meal #	D1 1 1	Date: / /		Feeder:	D1 1 7	Re	
Order	Block 1	Block 2	Block 3	Block 4	Block 5	-	Notes
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	ARED	ARED	ARED	ARED	ARED	-	
	ARED	ARED	ARED	ARED	ARED	-	
	ARED	ARED	ARED	ARED	ARED		
Meal #		Date: / /		Feeder:		Re	li:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
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Meal #		Date: / /		Feeder:		Re	li:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
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	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #		Date: / /		Feeder:		Re	1:.
Order	Block 1	Block 2	Block 3	Block 4	Block 5	Ne	Notes
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Meal #		Date: / /		Feeder:		Re	li:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
	ARED	ARED	ARED	ARED	ARED		Items used:
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	ARED	ARED	ARED	ARED	ARED		
	ARED	ARED	ARED	ARED	ARED		
Meal #		Date: / /		Feeder:		Re	1;.
Order	Block 1	Block 2	Block 3	Block 4	Block 5	IC	Notes
Order	ARED	ARED	ARED	ARED	ARED		Items used:
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	ARED	ARED	ARED	ARED	ARED		
	111122	111122		111122	111122		
Meal #		Date: / /		Feeder:		Re	li:
Order	Block 1	Block 2	Block 3	Block 4	Block 5		Notes
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	ARED	ARED	ARED	ARED	ARED		
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Meal #	ARED ARED	ARED ARED Date: / /	ARED ARED	ARED ARED Feeder:	ARED ARED	Re	
Meal #	ARED ARED Block 1	ARED ARED Date: / / Block 2	ARED ARED Block 3	ARED ARED Feeder: Block 4	ARED ARED Block 5	Re	Notes
	ARED ARED Block 1 ARED	ARED ARED Date: / / Block 2 ARED	ARED ARED Block 3 ARED	ARED ARED Feeder: Block 4 ARED	ARED ARED Block 5 ARED	Re	
	ARED ARED Block 1 ARED ARED	ARED ARED Date: / / Block 2 ARED ARED	ARED ARED Block 3 ARED ARED	ARED ARED Feeder: Block 4 ARED ARED	ARED ARED Block 5 ARED ARED	Re	Notes
	ARED ARED Block 1 ARED	ARED ARED Date: / / Block 2 ARED	ARED ARED Block 3 ARED	ARED ARED Feeder: Block 4 ARED	ARED ARED Block 5 ARED	Re	Notes