

**Program: Food exposure - self-feeder revised 10/03**

**Materials: Foods as designated by the data sheet, plastic plates, spoons and forks (use built-up utensils and dishes for those students that use them), napkins, chair for therapist, chair and desk/table for student, data sheets.**

Student behavior	Therapist action
	1. T. places S. at desk and says "We are going to start now." 2. T. presents bite of type of food prescribed by data sheet on a plate, 2-3 inches in front of the S. and says "Child's Name, take a bite."
3. S. takes the bite within 5 seconds.	4. T. removes plate, waits approximately 25 seconds and repeats step 2. (Record)
5. S. does not take the bite within 5 seconds.  7. S. initiates taking a bite at the 5 s mark.	6. T. removes plate, waits approximately 25 seconds and repeats step 2. (Record)  8. T. allows 5 additional seconds for consumption, then follows from step 4 or 6, respectively.
9. S. disrupts (bats at or throws the spoon dish, aggresses, has SIB, or otherwise attempts to escape from the food) a) before the spoon presentation b) during the spoon presentation c) after the spoon presentation	10. a) T. acts as if the behavior has not occurred. b) T. attempts to present plate for 5 seconds. c) T. acts as if the behavior has not occurred. (Record)
11. S. expels food	12. T. as unobtrusively as possible removes the food, waits for the remainder of the intertrial interval, and repeats step 2. (Record)
13. S. attempts to leave or leaves the table.	14. T. blocks S. from leaving or guides them back to the table.

**If tissue damage occurs, session is to be terminated and nursing is to be consulted.**

**Intertrial interval is 30 seconds.**

*Response Definitions*

The occurrence of each target behavior is recorded on a trial-by-trial basis by circling the appropriate letter.

*Acceptance* is defined as the participant independently opening his/her mouth 1.3 cm or wider within 5 s of the food presentation and allowing placement or placing the food into the mouth or initiating food consumption at 5 seconds and placing food in the mouth within 10 s of food presentation.

*Refusal* is defined as the participant not opening his/her mouth within 5-10 seconds and/or not allowing placement of the food in the mouth.

An *expulsion* consists of the appearance of food past the outer edge of the lips following an acceptance. If the majority of the bite is consumed or the student places the food back into their mouth after expulsion, note this on the data sheet.

*Disruptive behavior* consists of interruption of the food presentation by the child (for example, batting away the spoon, pushing away the plate as it is presented; does not include pushing away the plate/spoon after it has been presented) and/or the occurrence of self-injury (any hand-to-head or head-to-object in which the hand or head travels greater than 4 inches) and/or the occurrence of aggression (any kick, slap, punch, pinch, bite, head-butt or hair-pull direct towards the assessor during the spoon presentation).