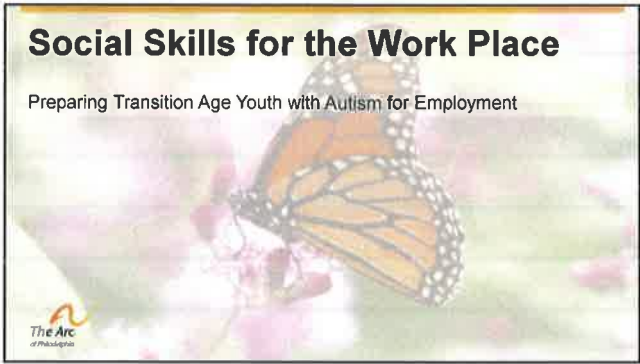# Social Skills for the Work Place

Preparing Transition Age Youth with Autism for Employment

The Arc
of Philadelphia

The Unspoken Rules of Social Interaction

What nonverbal social cues are missed in the video clip?

The UCLS PEERS Program

1. Good conversations
2. Starting and joining conversations
3. Leaving conversations
4. Handling conflict

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Good Conversations

Examples and Role Play

Good Conversations

1. Trading Information
2. Too Little Eye Contact
3. Too Much Eye Contact
4. Standing Too Close
5. Standing Too Far Away
6. Talking Too Loudly
7. Talking Too Softly

8. Making Too Many Corrections
9. Talking Too Much
10. Asking Too Many Questions
11. Making Too Many Corrections
12. Teasing
13. Getting Too Personal

Good Conversations: Trading Information

1. What did you observe in the video? Give only facts, not your opinion of the situation.

2. Based on your observations, were the people in the conversation comfortable with each other? How can you tell?

3. Do you think that the people in the conversation with follow-up with each other about what was discussed? Why or why not?

Good Conversations: Too Little Eye Contact

1. Did any of the people in the conversation seem uncomfortable? How could you tell?
2. What impression do you think the person making too little eye contact made?
3. Do you think both people will want to talk to each other again after this conversation? Why or why not?
4. What advice would you give the different participants in this conversation?

Good Conversations: Too Much Eye Contact

1. Did any of the people in the conversation seem uncomfortable? How could you tell?
2. What impression do you think the person making too much eye contact made?
3. Do you think both people will want to talk to each other again after this conversation? Why or why not?
4. What advice would you give the different participants in this conversation?

Good Conversations: Standing too Close

1. Did any of the people in the conversation seem uncomfortable? How could you tell?
2. What impression do you think the person standing too close made?
3. Do you think both people will want to talk to each other again after this conversation? Why or why not?
4. What advice would you give the different participants in this conversation?

Good Conversations: Standing too Far Away

1. Did any of the people in the conversation seem uncomfortable? How could you tell?
2. What impression do you think the person standing too far away contact made?
3. Do you think both people will want to talk to each other again after this conversation? Why or why not?
4. What advice would you give the different participants in this conversation?

Good Conversations: Talking too Loudly

1. Did any of the people in the conversation seem uncomfortable? How could you tell?
2. What impression do you think the person talking too loudly made?
3. Do you think both people will want to talk to each other again after this conversation? Why or why not?
4. What advice would you give the different participants in this conversation?

Good Conversations: Talking too Softly

1. Did any of the people in the conversation seem uncomfortable? How could you tell?
2. What impression do you think the person talking too softly made?
3. Do you think both people will want to talk to each other again after this conversation? Why or why not?
4. What advice would you give the different participants in this conversation?

Good Conversations: Talking too Much

1. Did any of the people in the conversation seem uncomfortable? How could you tell?

2. What impression do you think the person talking too much made?

3. Do you think both people will want to talk to each other again after this conversation? Why or why not?

What advice would you give the different participants in this conversation?

Good Conversations: Asking too Many Questions

1. Did any of the people in the conversation seem uncomfortable? How could you tell?

2. What impression do you think the person asking too many questions made?

3. Do you think both people will want to talk to each other again after this conversation? Why or why not?

4. What advice would you give the different participants in this conversation?

Good Conversations: Making too Many Corrections

1. Did any of the people in the conversation seem uncomfortable? How could you tell?

2. What impression do you think the person making too many corrections made?

3. Do you think both people will want to talk to each other again after this conversation? Why or why not?

4. What advice would you give the different participants in this conversation?

Good Conversations: Teasing

1. What the situation like for the person being teased?

2. Do you think both people will want to talk to each other again after this conversation? Why or why not?

3. What advice would you give the different participants in this conversation?

Good Conversations: Getting too Personal

1. Did any of the people in the conversation seem uncomfortable? How could you tell?

2. What impression do you think the person getting to personal made?

3. Do you think both people will want to talk to each other again after this conversation? Why or why not?

4. What advice would you give the different participants in this conversation?

Starting and Joining Conversations

Examples and Role Play

Starting and Joining Conversations: Individual

1. Did any of the people in the conversation seem uncomfortable? How could you tell?

2. What impression do you think the person getting to personal made?

3. Do you think both people will want to talk to each other again after this conversation? Why or why not?

4. What advice would you give the different participants in this conversation?

Starting and Joining Conversations: Groups

Bad Example

1. Did any of the people in the conversation seem uncomfortable? How could you tell?

2. What impression do you think the person getting to personal made?

3. Do you think both people will want to talk to each other again after this conversation? Why or why not?

4. What advice would you give the different participants in this conversation?

Good Example

1. What was different this time?

2. Did the participants seem to follow the advice you gave following the bad example?

Leaving Conversations

Examples and Role Play

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Leaving Conversations: When you don't feel accepted

1. Who was not accepted by the group? How could you tell they did not feel they were accepted?
2. What was the situation for the person who did not feel accepted? What about for the rest of the group?
3. Do you think the person who left the conversation handled it well?
4. How could that person decide if it is safe to try to rejoin the conversation?

Leaving Conversations: When you are initially accepted and then excluded

1. What was the situation for the person who did not feel accepted? What about for the rest of the group?
2. Do you think the person who left the conversation handled it well?
3. What do you think about how she handled it?
4. How could that person decide if it is safe to try to rejoin the conversation?

Leaving Conversations: When you are fully accepted

1. What was the situation like for everyone in the group?
2. What do you think about how each member of the group handled it?
3. What do you think they think of each other?

Dealing with a Conflict

Examples and Role Play

Dealing with a Conflict: Arguments

1. What did you observe in the video? Give only facts, not your opinion of the situation.

2. What was that like for each person?

3. What do you think about how each person handled the situation?

4. Do you think both people will want to talk to each other again after this conversation? Why or why not?

Teasing

Examples and Role Play

Teasing

1. What did you observe in the video? Give only facts, not your opinion of the situation.

2. What was that like for each person?

3. What do you think about how each person handled the situation?

4. Do you think similar teasing will occur again? Why or why not?

PHYSIC   CYBER

BULLYING

VERBAL   SOCIAL

Rumors and Gossip

Examples and Role Play

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Rumors and Gossip

1. Do you believe the rumor? Why or why not?

2. Do you think the people in the video believe the rumor? Why or why not?

3. Do you think anyone would believe this rumor?

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Reflection

Reflection

Video Topics

1. Good conversations
2. Starting and joining conversations
3. Leaving conversations
4. Handling conflict

Reflection and Group Discussion

- ❖ To which situation did you relate most?
- ❖ To which situation did you relate least?
- ❖ What, if anything, will you do differently in your future interactions with others?
- ❖ What, if anything, would you like peers, teachers, managers, etc., to do in their future interactions with you? What will you do if they are not doing that?

Questions?