

# Food Exposure

NAME: \_\_\_\_\_

Revised: 10/03

FRUIT (F)	VEGETABLE (V)	PROTEIN (P)	STARCH (S)
1 -	1 -	1 -	1 -
2 -	2 -	2 -	2 -
3 -	3 -	3 -	3 -

**Key (see Feeding Program for extended response definitions)**

A =	Acceptance	Opening the mouth and placing of food in the mouth.
R =	Refusal	Not opening the mouth and/or not placing food in the mouth.
E =	Expulsion	Appearance of food past the border of the lip after an acceptance of food. Includes spitting of food out of mouth or tipping head to allow food to fall out of the mouth.
D =	Disruptive behavior	Batting at the spoon or another behavior which disrupts the presentation of food to the child during the presentation. Includes self-injury and aggression.

**For each meal, randomly determine the order in which the food items (e.g., Fruit 1, Starch 3, Vegetable 2, Protein 3) will be presented. Use this sequence for each Block of 4 trials during that meal. Use a different order with respect to food type on the next meal. After the initial 6 meals, prescribe the items to be used at each meal assuring that each food item occurs twice every 6 meals. After 18 meals, see Bill Ahearn for further instructions.**

Meal # 1                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	F1, V1, P1, S1
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # 2                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	F2, V2, P2, S2
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # 3                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	F3, V3, P3, S3
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # 4                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	F1, V2, P1, S3
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # 5                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	F2, V3, P2, S1
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # 6 Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	F3, V1, P3, S2
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal # Date: / / Feeder: Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal #                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal #                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal #                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal #                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal #                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	

Meal #                      Date: / /                      Feeder:                      Reli:

Order	Block 1	Block 2	Block 3	Block 4	Block 5	Notes
	A R E D	A R E D	A R E D	A R E D	A R E D	<b>Items used:</b>
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	
	A R E D	A R E D	A R E D	A R E D	A R E D	