

National Autism Conference



PROGRESS THROUGH PARTNERSHIP

Use of Single Subject Designs to Evaluate Educational Outcomes for Students with Autism

Jon S. Bailey, PhD, BCBA-D Florida State University Use of Single Subject Designs to Evaluate Educational Outcomes for Students with Autism

> This is a rather narrow title since students with autism also have *behavioral* outcome goals

And, it is also narrow in that you can't really have "outcomes" without understanding the *processes* that make the outcomes happen So, our new title is...

Use of Single Subject Designs to *Evaluate Educational and Behavioral, Processes and Outcomes*, for Students with Autism

Students have a right to effective treatments.

We will use **data** for decision making about treatments that are being proposed or are in effect.

Repeated Measures of Behavior are **ESSENTIAL**



We will graph the behavioral data



We will visually analyze the data to determine if a treatment or intervention was effective







Baseline Logic cont.



Baseline Logic cont.



If you want to...

Evaluate Educational and Behavioral, Processes and Outcomes for anyone

You will need to start by looking closely at the Baseline data and determine the direction of the desired effect of treatment or intervention

What do you think of this Baseline?



How about two data points?



SESSIONS

Still not enough data to make a prediction

How about two data points?



How about two data points?



SESSIONS

Still not enough data to make a prediction

Some people will try to get you to look at the *mean* not the trend.



"Wow, look at the huge effect I got with my treatment."



SESSIONS

This is clearly misleading. Don't be misled.

Single-Subject Basic Research Designs for the evaluation of treatments

PURPOSE: To demonstrate:

a) A cause-effect relationship between treatment and behavior change (i.e. "Proof"), and

b) Help the consumer determine if the size of effect is *clinically significant* $SS = \frac{(X - \overline{X})^2}{n} = \sum X^2 - \frac{\sum X}{n}$

Single-Subject Basic Research Designs

- 1. Reversal Design
- 2. Multiple Baseline Design
- 3. Multielement Design











1. Reversal design

• Shows cause effect The T_x produced this effect.



Shows size of effect

This is a powerful design when the data are stable and the T_x shows a strong effect.



It is amazing that you can use single subject designs like this for INDIVIDUAL students... to find out if a treatment works and if it is worthwhile



1. Reversal design*



*The main problem with the reversal is just that, you are reversing a behavior that may not work that way. There is also an ethical question.

These are known as "limiting conditions"



"Excuse me, what other designs do you have that don't have these limiting conditions?"

2. Multiple Baseline design



This is a "2-leg" Multiple Baseline, proof is shown by replication of results.

2. Multiple Baseline design



2. Multiple Baseline design

- Shows cause-effect The T_x produced this effect.
- Shows size of effect



This is a strong design when the data are stable and the T_x shows an immediate effect.



It is **still** amazing that you can use single subject designs like this for INDIVIDUAL students... to find out if a treatment works and if the effect is worthwhile



"What are the limiting conditions of multiple baselines?"

I was afraid someone would ask that.



"What are the limiting conditions of multiple baselines?"

The treatment effect may generalize from one baseline to another

Outside variables may produce strange effects

But, it is an *ethical* design

3. Multielement design



The most responses occur when attention is given, the next most when tangibles are available, very few responses occur when requests are made or when the student is alone.

3. Multielement design

- Used to show relative controlling variables
- Many comparisons simultaneously



This is used primarily to find effective reinforcers and then paired with a multiple baseline or reversal design for proof of effect. "What are the limiting conditions of multielement design?"



"What *are* the limiting conditions of multielement designs?"

> The effects may trend up or down over time

There may be interactions among the treatments

But you can find out a lot of information quickly.

Remember This Example?

Effects of Role-Play on Social Behaviors of High Functioning Autism Adolescents



What did the authors say? Our results show that adolescents with HFA **Not Really** nonverbal behavior as a result of a role-

play intervention.



The Effectiveness of the Snug Vest on Stereotypic Behaviors in Children Diagnosed With an Autism Spectrum Disorder





What did the authors say?

The results of the study show that Absolutely any participants stereotypy. In three out of

three cases the vest **increased** stereotypy

1. Reversal Design



Figure 1. Levels of perseverative and nonperseverative speech during the attention and ignore conditions of the functional analysis.

2. Multiple Baseline Design



Figure 2. Percentage of compliance for baseline, intervention, and follow-up conditions for Dan in the hospital unit and classroom settings.

2. Multiple Baseline Design





3. Multielement Design

Ritualistic Toy Arranging



Figure 1. Rate of problem behavior and blocked attempts to arrange during test and control conditions of the blocking assessment (top) and percentage of session duration of toy arrangement (bottom).

3. Reversal/Multiple Baseline Design

Assessment of Problem Behavior Evoked by Disruption of Ritualistic Toy Arrangements in a Child with Autism



Figure 2. Rate of problem behavior and appropriate communication during baseline and treatment conditions across contexts during the treatment evaluation. FCT = functional communication training.

3. Reversal/Multiple Baseline Design

Assessment of Problem Behavior Evoked by Disruption of Ritualistic Toy Arrangements in a Child with Autism



What two research designs were used?





3. Multielement Design



FIG. 16.3. Frequency of inappropriate sitting behavior (falling out of chair). During the intervention phase, sensory integration therapy (broken line) prior to the daily session was alternated with a differential reinforcement of low rate (DRL) program (solid line) during the session. In the follow-up condition, only the DRL program was in effect.

1. Reversal Design



Figure 2. Treatment analysis data. The top panel shows the percentage of speech that was perseverative. The bottom panel shows the percentage of speech that was on topic. Asterisks denote sessions conducted by Derek's mother (Sessions 45 to 56), novel therapists (Sessions 63 to 69), and brother (Sessions 71 to 73).

So, what have we learned?

It is possible to evaluate a wide variety of interventions with individual children.

These evaluations are made possible by singlesubject designs adapted to each child, their distinctive behaviors and any type of treatment.

We can test the **effects** of a treatment and look at the **size of effect**.

There are limiting conditions for each type of single-subject design.

Unfortunately there are many treatments though widely accepted simply do not work

QUESTION EVERYTHING

If you are an educated consumer you can separate the wheat from the chaff

If you are an educated consumer you **can** separate the wheat from the chaff





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Thank You for Inviting Me to Penn State

It is an Honor and a Privilege

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