## Establishing Natural Reinforcer Control in Children with Autism

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# **Some Observations**

- Reinforcers that maintain behaviors of typically developing children?
- · Verbal behavior
- Social interactions
- Independent play
- SOME children with autism
- · Social interactions come to function as reinforcers
- · Imitate others "spontaneously"
- · Playing with toys becomes reinforcing



## Contrived and Natural Reinforcement

- The power of reinforcement
- May be described as
- · Conditioned and unconditioned
- · Positive and negative
- · Social and automatic
- ·Natural and contrived

## Contrived and Natural Reinforcement

- Natural reinforcer is "independent of the behavior analyst's or practitioner's efforts" (Cooper, Heron, & Heward, 2007, p. 623)
- Contrived reinforcer
  - Part of a practitioner's efforts to change behavior
  - Something other than the reinforcer in the natural environment for that response

# **Practice**

Consequence	Contrived for	Natural for
Attention	Turning page of a book	
Lollipop	Building with blocks	
Token	Doing a puzzle	

# Why Do We Use Contrived Reinforcers with Children with Autism?

- Need for many teaching trials
- Teaching skills with no natural counterpart
- Behavior "trapping" (Baer & Wolf, 1970)
- Consequences function differently
  - · Social stimuli (Spradlin & Brady, 1999; Vollmer & Hackenberg, 1999)
  - Automatic reinforcement during play (and powerful reinforcement of rituals, sameness, stereotypy)

### **Benefits of Natural Reinforcer Control**

- · We know we can change behavior!
- · Challenge is to bring responses under control of natural reinforcers
- Benefits
  - · Similarity to peers, maintenance
  - Klintwall & Eikeseth (2011): significant positive correlation between having more socially mediated reinforcers and better outcomes of EIBI
- Requires analysis of what maintains responses for typically developing children
  - Consider 3 types of skills...













#### What's the Natural Reinforcer?





#### Teaching Children with Autism to Differentially Imitate Observed Behaviors

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# **Imitating Peers**

- · Purpose: evaluate effects of
  - · A differential observing response (DOR) and prompting
  - · On the differential motor imitation
  - Of 2 boys with autism
- Kenny (4), Kepler (11)
  - · Matched pictures to objects, objects to pictures
  - Imitated when instructed
  - Spontaneous imitation (VB-MAPP) = 0







# What is Play?

## **Play in Children with Autism**

- Substantial delays in development of play
- · Persistent deficits in social communication/interaction
- Restrictive/repetitive patterns of behavior, interest, or activities

(DSM-5; American Psychiatric Association, 2013)

#### **Literature Review of Play Interventions**



## **Parameters**

Year of publication

Age/number of participants

Setting

Stimuli used as reinforcers

Type of play (functional/symbolic)

Independent variable

**Design/experimental control** 

Maintenance

Interobserver agreement

**Preference assessment** 

**Skill assessments** 

Toys used

**Dependent variable** 

**Data collection** 

Generalization

Social validity

**Treatment integrity** 

# Preference Assessment of Toys: 8 studies





- Currently no research on teaching block building to children with autism
  - Survey: included in most programs
- · Bronstein, Sidener, Reeve, Hoch, & Kaplan-Reimer
  - · Select targets by developmental level

Johnson, H. (1933/1996). The art of block building. In E. Hirsch (Ed.), *The block book* (pp. 9-25). Washington, DC: National Association for the Education of Young Children. Reifel, S. (1984). Block construction: Children's developmental landmarks in representation of space. *Young Children, 40*, 61-67.

- Evaluate effects of automatic reinforcement alone
- · Data on engagement and preference

#### **Getting to Natural Reinforcer Control**

- How do behavior analysts do this?
  - Teach with natural reinforcers only
  - -Teach with contrived remain in place
  - •Teach with contrived remove later...









## **Strategies to Enhance Maintenance**

	Acquisition	Reduction
Thinning schedule of reinforcement	7.9%	40%
Increasing the delay to reinforcement	1.6%	5%
Use of natural reinforcers	12.7%	0%
Use of booster sessions	11.1%	5%
Use of self-management	11.1%	5%
Other	4.8%	10%
None	61.9%	45%





A	Technolo Conditio	ogy for Es oned Reir	stablishir nforcers	ng
		Benefits		
	Increase variety of toys, reinforcers	Establish social stimuli as reinforcers	Better maintenance than contrived reinforcers?	

### **Establishing Conditioned Reinforcers**

- A stimulus that is a reinforcer because it has been paired with another reinforcer
- · Skinner (1938): formal beginning
  - · Demonstrated producing conditioned reinforcers with rats
  - After consistently presenting a click with food, used the click sound alone to train lever pressing
  - Lever pressing increased but then decreased as the click lost its effectiveness without food pairing





#### **Temporal Arrangements (SSP and RSP)**



# **Research with Humans**

- First study demonstrating development of a conditioned reinforcer with humans:
  - · Hubbard (1951) Typically developing adults
- Most subsequent research conducted with typically developing preschoolers
  Few studies with clinical populations
- Considerations
  - Type of pairing
    - each time, at the same time, paired with, every time, whenever, accompanied, followed, right before, contiguous, preceded
  - Demonstration of neutral stimulus, reinforcing stimulus, and reinforcement
    effect resulting from pairing

## Research: Developmental Disabilities (excluding autism)

- · Identified neutral stimulus, reinforcing stimulus
- · Demonstrated reinforcement effect resulting from pairing
- Excluded studies on token systems/generalized conditioned reinforcers





## **Research with Children with Autism**

- · Issues in autism may warrant different procedures
- "Stimulus overselectivity": Children with autism often respond to some parts, but not all parts, of a complex stimulus
- · Lovaas, Schreibman, Koegel, and Rehm (1971)



- · When parts of the stimulus were then presented alone...
  - Typically developing children responded to the complex stimulus and single stimuli similarly
  - Children with autism responded primarily to only one of the stimuli (it differed across children which one)

## **Research with Children with Autism**

#### Lovaas, Freitag, Kinder, Rubenstein, Schaeffer, & Simmons (1966)

- After simultaneous pairing failed
- "Good" established as S<sup>D</sup> for food
- · Delivering "good" contingent upon lever pressing

Limited experimental control

**Behavioral Interventions** Behav. Intervent. (2014)

Published online in Wiley Online Library (wileyonlinelibrary.com) DOI: 10.1002/bin.1384

Lack of reinforcer assessments (to identify neutral and reinforcing stimuli)

#### Isaksen & Holth (2009)

- Established smiles and nods as S<sup>D</sup>s
- Used as reinforcers during joint attention training

Holth, Vandbakk, Finstad, Grønnerud, & Sørensen (2009)

- Compared DT to delay pairing
- Responding increased in both
- DT more responses for 5 out of 7 of the participants

A DISCRIMINATION TRAINING PROCEDURE TO ESTABLISH CONDITIONED REINFORCERS FOR CHILDREN WITH AUTISM

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- Purpose: Evaluate DT to establish conditioned reinforcers with children with autism
- 3 boys with autism: 6

- Address limitations of previous research
  - Reinforcer assessments
  - Interspersal of S<sup>∆</sup>s
    - Enhance discrimination
    - Serve as control











## **Response Assessment**



Sti	mulus	Response		
Туре	lcon	Pre-Test	Discrimination Training	Post-Test
SD	•  •			
S-Delta		Ð		Ø











#### A DISCRIMINATION TRAINING PROCEDURE TO ESTABLISH PRAISE AS A CONDITIONED REINFORCER FOR CHILDREN WITH AUTISM

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## Purpose

- · Systematically replicated Taylor-Santa et al. (2014
- · Evaluated DT to establish praise statements as conditioned reinforcers
- · 3 boys with autism (11-15 yrs old)
- · Praise did not appear to function as a reinforcer
- · Bluetooth® speaker behind participant, remotely controlled



#### A Comparison of Pairing Procedures to Establish Visual Stimuli as Reinforcers for Adolescents with Autism

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## Purpose

- Compare the effectiveness of STIMULUS-STIMULUS PAIRING (SSP) and RESPONSE-STIMULUS PAIRING (RSP)
- · Replicated some aspects of Dozier et al. (2012)
- Adolescents with ASD
  - George & Andy: 12 yo
  - Chad & Todd: 15 yo
- · Address previous research
  - · Different response during pairing and post-pairing
  - Interspersal of S- trials
  - · Conditions counterbalanced



Programming for Stimulus Generalization to Conditioned Reinforcers with Children with Autism

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## Purpose

- Evaluate multiple exemplar training during discrimination training on generalization to novel stimuli
  - $\cdot 2 S^{D}s$  and 2 S<sup> $\Delta$ </sup>s during DT
  - Probe generalization to stimulus similar to the S<sup>D</sup>s









## Conclusions

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